

Thank you for supporting our event, thankfully the weather was kind this year. We hope you enjoyed it, and will come back next year. Event guaranteed but not the weather! Have a very Happy Christmas - see you next year.

### 2009 Christmas Cracker Chase 5k

Position	Name	Club	Time
1.	Jenni Harley	Chichester Runners	19.32
2.	Val Purnell	Horsham Joggers	21.17
3.	Charlotte Craig	Dorking & Mole Valley AC	22.20
4.	Jenny Williams		22.40
5.	Lucinda Potten	Horsham Joggers	22.57
6.	Louise Wise	Brighton & Hove Running Sisters	23.19
7.	Caroline Dean		23.20
8.	Amber Willard	Worthing & District Harriers	23.22
9.	Victoria Seth	Worthing & District Harriers	23.36
10.	Lydia Pierce		24.28
11.	Hannah Seth	Worthing & District Harriers	25.11
12.	Zoe Holter		25.23
13.	Vicky Mayer	Goring Road Runners	25.41
14.	Karen Coleman		25.44
15.	Julia Berry		26.06
16.	Helen Cox		26.07
17.	Fiona Bailey	Lewes AC	26.53
18.	Samantha Ellis	Lewes AC	26.56
19.	Anna Kennedy		26.56
20.	Tanya Lane		27.03
21.	Michelle Cooper		27.08
22.	Debbie Coleman	Worthing Running Sisters	27.34
23.	Caroline Mason	Brighton & Hove Running Sisters	27.47
24.	Helen Baverstock		28.00
25.	Emma Harley	Chichester Runners	28.04
26.	Sharmy Blows	Mums on the Run	28.17
27.	Victoria Taylor		28.19
28.	Trisha Evans	Horsham Joggers	28.43
29.	Paula Leal		28.49
30.	Roberta Emmott		28.49
31.	Sarah Fagan		28.50
32.	Lynn Harley	Chichester Runners	28.56
33.	Tegan James		29.14
34.	Fiona Viles		29.22
35.	Caroline Hart		29.24

36.	Sara Bedding		29.29
37.	Susan Gathergood		29.29
38.	Clare Barwick		30.02
39.	Gabrielle Biggins	Brighton Hash House Harriers	30.11
40.	Margo Herbert		30.13
41.	Sandra Clark	Portsmouth Joggers	30.29
42.	Joanna Bolding		30.41
43.	Bonni Smith		30.55
44.	Julie Perry	Worthing Running Sisters	30.57
45.	Nancy O'Melia		31.17
46.	Louise Storey		31.29
47.	Sharon Clapcott		31.32
48.	Emer Dore		31.33
49.	Chrisy Bunn	Worthing Running Sisters	31.48
50.	Tracy Mann		32.06
51.	Suzanne Fisk		32.06
52.	Jo Kenyon	Mums on the Run	32.20
53.	Laura Wright	Mums on the Run	32.21
54.	Paula Owen		32.31
55.	Emma Pullen		32.31
56.	Mandy Shone		32.36
57.	Linda Payne		32.48
58.	Emma Brooks		32.49
59.	Margaret Melia	Crawley AC	33.00
60.	Francine Hedley-Goddard	Chichester Runners	33.04
61.	Donna Foord	Worthing Running Sisters	33.05
62.	Kate Turner	Worthing Running Sisters	33.08
63.	Rachel Mapplebeck		33.09
64.	Dawn Blake		33.16
65.	Avril Morley	Weigh-4-ward	33.21
66.	Diana Rogers		33.42
67.	Honor Williams		34.08
68.	Katie Glover		34.09
69.	Angela McCall	Worthing Running Sisters	34.11
70.	Alice Glover		34.11
71.	Louise Hawkins		34.23
72.	Ronnie O'Connor		34.47
73.	Jo Bushby	Weigh-4-ward	34.47
74.	Jemima Noyce		35.16
75.	Jenny Petrie		35.28
76.	Verity Hart	Worthing Running Sisters	35.57
77.	Isabelle Tarbet	Worthing Running Sisters	35.58
78.	Helen Hicks	Worthing Running Sisters	36.01

79.	Sarah Radley		36.02
80.	Diana Conlon		36.34
81.	Jane Mallett		37.10
82.	Lucy Dean	Worthing Running Sisters	37.16
83.	Tracy Drake	Weigh-4-ward	37.48
84.	Ruth Rose	Worthing Running Sisters	38.06
85.	Amanda Bunt	Sixth Dimension	38.12
86.	Tina Scutt	Sixth Dimension	38.12
87.	Charlotte Squires	Sixth Dimension	38.13
88.	Lynn Lindren	Sixth Dimension	38.14
89.	Charlotte Walton		38.16
90.	Rhiannon Watters		38.16
91.	Jenny Cobby	Henfield Joggers	38.36
92.	Katie Wilmont	Worthing Running Sisters	38.41
93.	Gillian Morley	Weigh-4-ward	38.48
94.	Fiona Duran		39.28
95.	Sharlene Bedward	Mums on the Run	39.58
96.	Kerri James	Mums on the Run	39.59
97.	Carla Graney		40.12
98.	Wendy Graney	Worthing Running Sisters	40.12
99.	Karen Baker		40.19
100.	Lyn Johnson	Worthing Running Sisters	40.36
101.	Amy Kenward	Worthing Running Sisters	41.38
102.	Barbara Seale	Worthing Running Sisters	41.39
103.	Julie Underhill		44.10
104.	Anita Shelton	Worthing Running Sisters	48.15
105.	Francesca Phillips	Worthing Running Sisters	48.15
106.	Rita Stoffaneller		49.48
107.	Rosa Smith		49.49
108.	Yvonne Moran	Weigh-4-ward	55.53